

Regional Crisis Teams

CT CENTER FOR SCHOOL SAFETY
AND CRISIS PREPARATION



What is a Regional Crisis Team?

- A regional crisis team (RCT) is a group of helping professionals who activate upon the request of school administrators when a mental health crisis is beyond the capacity of the school district's resources.
- The Center for School Safety coordinates five Regional Crisis Teams providing state-wide coverage to any K-12 school district.
- Regional Crisis Teams meet monthly to train in crisis prevention, intervention, and postvention.
- Here is a brief video explaining the [Regional Crisis Teams](#) in more detail.

Who serves on the Regional Crisis Team?

- Participation is voluntary and it generally consists of local school counselors, psychologists, social workers, and other child serving professionals from community partner groups.

How do I serve on the Regional Crisis Team?

- Members of the RCT have approval from their school district leadership and school building leadership.
- Activation to a crisis is voluntary and it is contingent on each member's ability to respond. Each member will take into consideration their own school's needs at the time of the request.
- Contact the [Regional School Safety Coordinator](#) who covers your district to join your local RCT.

Contact us

Phone: 203-837-3210 - Fax: 203-837-8413 - Email: schoolsafetycenter@wcsu.edu