



Online Webinar Laughter Helps

The Benefits of Laughing

A good laugh can boost your mood, strengthen your relationships, and benefit your health. Learn about the power of humor in life.

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For login information, please contact Solutions EAP

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- 1. Go to www.solutions-eap.com.
- 2. Go to "For Employees" and click the option listed as "Work-Life Services Online Login"
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