

# SERVICES ON CAMPUS CONNECT WITH US

We provide on-campus counseling and advocacy related to dating violence, sexual assault, sexual harassment, and stalking to individuals of all gender identities.

All of our services are **confidential** and **free**. Your right to privacy is important to us.

If you are a victim/survivor and need someone to talk to, please reach out to us today to help you through this difficult time.

## COUNSELING

- Individual Counseling
- Group Counseling
- Can meet you where you are

## ADVOCACY

- Police/Criminal Justice Advocacy
- Judicial Accompaniment
- Hospital Accompaniment
- Changing Housing
- Changing Class Schedule
- Safety Planning



## Campus Office



203-837-3939



Midtown Campus  
White Hall Room 003A



[www.wcsu.edu/womenscenter](http://www.wcsu.edu/womenscenter)

## Main Office



- General Line: 203-731-5200
- 24/7 Sexual Assault Hotline: 203-731-5204
- 24/7 Domestic Violence Hotline: 203-731-5206



2 West Street  
Danbury, Ct 06810



[www.wcogd.org](http://www.wcogd.org)

## Social Media



@wcogd\_oncampus



@wcogd\_oncampus



/wcogdoncampus

# The Women's Center of Greater Danbury



## CAMPUS COUNSELING & ADVOCACY SERVICES

At Western  
Connecticut  
State University

Funded by the Connecticut  
Alliance to End Sexual Violence

# WHAT IS INTERPERSONAL ABUSE?

# DATING ABUSE

# CONSENT

**Interpersonal Abuse** is when one person exerts **power and control** over another through physical, sexual, or emotional threats or actions, economic control, isolation, or other kinds of coercive behavior.

**Anyone** can be a victim or perpetrator; it crosses all ages, gender identities, races, classes, sexual orientations, etc.

**Dating abuse:** The intentional use of repeated destructive behaviors to exert power and control over one's partner.

## Types of Abuse

- **Physical:** Hitting, punching, restraining, threatening, etc.
- **Emotional:** Gaslighting, manipulating, cheating, being possessive, etc.
- **Verbal:** Insulting, shouting, mocking, belittling, etc.
- **Sexual:** Coercing, forcing, reasoning, blackmailing, etc.
- **Digital:** Monitoring, harassing, threatening, etc.
- **Financial:** Stealing, controlling, restricting, pressured spending, etc.

**Affirmative Consent:** A knowing, voluntary, and mutual agreement through words, actions or gestures, among all participants to engage in sexual activity. It can be withdrawn at any time and is needed at each escalation of physical/sexual behavior.



It upholds the standard that **"yes means yes"**, requiring a verbal yes to be present. State legislation mandates that all colleges in CT abide by this standard.

Consent **cannot** be coerced, guilted, manipulated, pressured, or forced out of someone. Someone cannot give consent when they are impaired by alcohol or other drugs, have an intellectual disability, or are under the age of 16.



# HEALTHY RELATIONSHIPS

# STALKING

# SEXUAL ASSAULT

**Healthy Relationships** are based in equality and respect. Everyone has the right to feel valued, respected, and safe in their relationships.

**Stalking:** A pattern of behaviors that can cause someone to fear for their personal safety or cause them emotional distress.

**Sexual Assault:** An act of power and control in which sexual contact, behavior, and/or activity occurs without explicit consent of the victim.

Some qualities of a healthy relationship are:

empathy      communication  
 honesty      trust      respect      equality  
 loyalty      support      boundaries  
 compassion      independence  
 comfortable pace  
 fun

## This can include:

- Following someone or showing up places they know they will be
- Sending unwanted gifts or items
- Monitoring and/or sending excessive texts, calls, social media messages
- Tracking where someone is with a GPS
- Going through someone's belongings,
- Harassing someone's friends or family

## This can include:

- Sexual Harassment\*
- Rape
- Incest
- Child Sexual Abuse
- Sex Trafficking /Exploitation
- Exposure to inappropriate material (unwanted sexts, flashing, etc.)
- Unwanted Sexual Contact
- Voyeurism

\***Sexual harassment** is any unwelcome visual, verbal, or physical conduct of a sexual or sexist nature that is pervasive or severe.

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203-837-3939



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White Hall Room 003A



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Domestic Violence: 203-731-5206