

2009 All Little East, First Team Name	Class	Institution
Kristin Degou	Junior	Keene State College
Kaylie DeMillo	Sophomore	University of Southern Maine
Stacey Kent	Senior	University of Southern Maine
Ashley McFetridge	Senior	Eastern Connecticut State Univ.
Nicky Morey	Senior	Eastern Connecticut State Univ.
Stacey Roberts	Senior	Western Connecticut State Univ.
2009 All-Little East, Second Team		
Stephanie Coro	Freshman	Rhode Island College
Amanda Kania	Sophomore	Plymouth State University
Nicole Paradis	Junior	University of Southern Maine
Karli Spera	Sophomore	Western Connecticut State Univ.
Nicole Simmler	Junior	Keene State College
2009 All-Defensive Team		
Michele Boudreau	Senior	Keene State College
Kristin Degou	Junior	Keene State College
Ashley McFetridge	Senior	Eastern Connecticut State Univ.
Alyssa McGhee	Senior	Western Connecticut State Univ.
Jessica Moriarty	Sophomore	Eastern Connecticut State Univ.
Melissa Teel	Sophomore	Western Connecticut State Univ.
2009 All-Rookie Team		
Stephanie Coro	Freshman	Rhode Island College
Alicia Doucet	Freshman	Plymouth State University
Laniece Langford	Freshman	Univ. of Massachusetts Boston
Rachel Riley	Freshman	Rhode Island College
Kristi Violette	Sophomore	University of Southern Maine

Player of the Year: Ashley McFetridge, Eastern Connecticut

Defensive Player of the Year: Jessica Moriarty, Eastern Connecticut

Rookie of the Year: Stephanie Coro, Rhode Island College

Co-Coaches of the Year: Denise Bierly, Eastern Connecticut

Kimberley Rybczyk, Western Connecticut