



WESTERN CONNECTICUT
STATE UNIVERSITY

Health Service Office
Phone 203 837-8594
Fax: 203 837-8583

REQUIREMENTS FOR PARTICIPATION IN VARSITY SPORTS AT WCSU

For All New Players

(Including Freshmen, Transfer Students and Upperclassmen Who Have Not Previously Played).

The following forms must be completed and returned to the Health Service Office prior to your participation in any varsity sports, including any sports' camps. Failure to submit any of these forms will delay your clearance for participation.

- A completed *Connecticut State University Health Service Confidential Health Form*. Parts A, B, C and D are to be completed by the student. Your health care provider must complete and sign part D. (See complete instructions on the form).
- A *Pre-participation Physical Examination Form For Varsity Athletes* must be completed and signed by your health care provider. This form must be completed **in addition to** the above CSU Health Service Confidential Health Form if you are participating in varsity sports. The pre-participation physical exam must be done **after March 1st of the current year** and only needs to be done once unless medically indicated otherwise.
- An *Authorization For Release of Information Reciprocal Disclosure Form* must be signed.
- A *Questionnaire For Participation In Varsity Sports* must be completed and signed. All questions must be answered *completely*.
- If you have any history of a heart murmur, irregular heart beat, or other cardiac problems, an echocardiogram report or a note from your cardiologist or physician clearing you to participate in varsity must be enclosed.
- If you have had a recent injury, surgery or serious illness or are currently under a physician's care for any of these conditions, a note from the treating physician clearing you for varsity sports must also be enclosed.

If you have not received any of these forms you may contact the Athletic Department or the Health Service Office. You may also download these forms on the web at <http://www.wcsu.edu/healthservices/> follow the link on the left side for Online Forms.

