- **MCCA, Sobering Center, Danbury, CT**  
  https://mccaonline.com/  
  Number of Internships: 2

MCCA (Sobering Center) is a 28-day residential treatment program for individuals recovering from substance-related disorders.

Psychology Intern responsibilities include:
- Case management duties such as monitoring patient’s progress; distributing medication; doing urine analyses; treatment planning
- Learning how to conduct biopsychosocial assessments and eventually completing them independently
- Co-facilitate group sessions with patients that focus on life skills and coping skills

*Please note that MCCA is usually the preferred site on most student’s ranking list. Therefore, application to this site is competitive and based on the following: the quality of student’s application, faculty recommendations, and goodness of fit between the student’s interests and the population.

- **Help, Inc , Various locations including Danbury, Waterbury, and Torrington**  
  http://cnvhelp.org/  
  Number of Internships: 2-3

Provides inpatient and outpatient services to individuals diagnosed with substance related disorders.

*Please note that for the Danbury internship (1 position) the student must be available late afternoon and evenings.

Psychology Intern responsibilities include:
- Case management duties such as monitoring patient’s progress; distributing medication; doing urine analyses; treatment planning
- Learning how to conduct biopsychosocial assessments and eventually completing them independently
- Co-facilitate group sessions with patients that focus on life skills and coping skills

- **Mental Health Association of Putnam County, Carmel, NY**  
  http://www.mhaputnam.org/  
  Number of Internships: 2

The Mental Health Association in Putnam County, Inc. is a non-profit organization whose mission is to promote a vision of recovery for individuals and families coping with mental health issues in the community.

Psychology Intern responsibilities include:
- Actively participating in the agencies programming ranging from social support activities to psychoeducational groups.
- Understanding chronic and persistent mental health issues and how they impact the individual, their family, and the greater community; participate in programming aimed at facilitating outreach and prevention services.
• **Cheshire Correctional Institution, Cheshire, CT**
  
  https://portal.ct.gov/DOC/Facility/Cheshire-CI  
  Number of Internships: 1-2  

  The Cheshire Correctional Institution confines long-term, adult sentenced offenders. It also operates several specialized housing units, including protective custody and restrictive housing.

  Please note that this site requires an independent application that includes a background check. If you are interested in this site, please contact Dr. Naddeo at naddeo@wcsu.edu when you are completing your application to PSY 306.

  Psychology Intern responsibilities include:
  - Learning about the role of mental health services in a correctional facility.
  - Shadowing (and sometimes co-leading) support based groups for offenders focused on life skills, coping skills, substance-related difficulties, etc.
  - Case management services as it relates to the inmates histories and plans following release.

• **Ability Beyond – Behavioral Services, Danbury, CT**
  
  http://abilitybeyond.org/  
  Number of Internships: 1  

  Ability Beyond provides various services to individuals presenting with developmental, psychological, and cognitive impairments. The Behavioral Services department specifically focuses on providing psychiatric and mental health services to the clients at Ability Beyond.

  Psychology Intern responsibilities include:
  - Learn about a diverse range of persistent mental health and developmental disabilities and how they influence the client’s daily functioning.
  - Learn how to create and implement behavioral plans and intervention goals as part of each client’s treatment plan; eventually create plans independently.
  - Participate in a multidisciplinary approach to treatment by collaborating with other service providers at Ability Beyond; includes case meetings, team treatment planning, and shadowing other professionals such as psychiatry appointments.

• **Boys and Girls Club of Ridgefield, Ridgefield, CT**
  
  Number of Internships: 2  

  The Boys & Girls Club of Ridgefield offers programs for school-aged children that promote and enhance the development of boys & girls by instilling a sense of competence, usefulness, belonging and influence.

  Psychology Intern responsibilities include:
  - Providing supervision and leadership through participation in the club’s afterschool program; interns actively engage with students in various activities including art, gym, and homework help.
  - Utilize psychology background to create programming specific to the needs of the students at B&G Club; in the past interns have developed and presented psychoeducational workshops on topics such as self-esteem building, coping skills, and mindfulness mediation.
• Assist in the club’s prevention and outreach programming as well as club events held for the community.

• Insight Counseling, Ridgefield, CT  
  http://insightcounselingllc.com/  
  Number of Internships: 1

Insight Counseling is a group private practice that works with children, adolescents, and college students. The group specializes in treating high-risk adolescent populations such as those that suffer from substance related disorders and conduct related difficulties.

Psychology Intern responsibilities include:
• Participating in group therapy program by co-facilitating groups that focuses on different topic areas including excessive gaming, substance abuse, life skills, etc.
• Learn about psychological assessments and shadow supervisor administering tests; eventually, administer certain assessments, score, and/or interpret data for clinical use.
• Assist in outreach services such as helping in community oriented events that promote wellness and help-seeking behaviors.