

FAMILY~

Our families can be our greatest source of comfort, strength and joy. But, when one member of the family is in trouble it can become a source of unceasing concern and even pain to you. You want to help, but you are not sure how to help. Often your help is rejected or your concern rebuffed. You may become, in some ways, as troubled as the troubled family member about whom you are concerned.

When family problems are concerning you, the Employee Assistance Program (EAP) is right there to help you. Our EAP is administered by Solutions EAP, an outside firm staffed by specialists. There is no charge to you for any contact with EAP. The EAP is strictly confidential. No one will know you have contacted the EAP.

Call the Employee Assistance Program for any concerns relating to family problems, legal and financial concerns, alcohol/drug problems, emotional distress or any kind of problem.

Call Solutions EAP at 1-800-526-3485 for assistance for all of life's challenges.

It's free, confidential and open to your family members.

Check us out on-line at www.solutions-eap.com