

1. Start now/Today!
2. Be clear about what the test will ask you to do/know
3. Schedule specific times to prepare each day; earlier in the day
4. Review notes from class
5. Review/skim readings
6. Create study/review sheets of key information
7. Do practice problems/essay questions
8. Study/practice with others
9. Be confident; think positively
10. Sleep, exercise, eat nutritiously

