RN to BS: Nursing Program (120 S.H. required to complete the degree)

Name:______ Adviser:_____

WESTERN CONNECTICUT STATE UNIVERSITY

General Education Requirements (42 S.H.)

COMMUNICATION SKILLS (3 S.H.)*

Choose one of the following: COM 160 Public Speaking*, COM 161 Decision Making in Groups*, COM 162 Interpersonal Communication* **or** COM 163 Introduction to Communication Skills*

COM: 3

WRITING INTENSIVE (W) *

All students must complete at least one writing intensive course. W courses can be found in several disciplines. The credits will be counted in the discipline associated with the course. NOTE: WRT 101 does not satisfy the writing intensive requirement.

Writing Intensive Y/N

HUMANITIES (15 S.H.)

Including 3 of 7 categoties: Communications, Fine and Applied Arts NOTE: Students may only use one studio course to satisfy this requirement), Foreign Language, Humanistic Studies, Literature, Philosophy, and History. **NOTE:** You must complete the foreign language requirement (Elementary II or higher) before counting Elementary I foreign language courses as Humanities credit.

Elective:	3	
Elective:	3	

SOCIAL AND BEHAVIORAL SCIENCES (12 S.H.)

HPX 177 Fitness for Life - Activity

Courses that satisfy this requirement can be found in Social Sciences (Anthropology, Economics, Political Science, Social Sciences, and Sociology), Non-Western Cultures and Psychology. You must select courses from at least 2 of the 3 main areas: Social Sciences, Psychology and Non-Western Cultures.

PSY 100 Introduction to Psychology	3	
SOC 100 Introduction to Sociology	3	
Elective:	3	
Elective:	3	

NATURAL SCIENCES, MATHEMATICS AND COMPUTER SCIENCE (10 S.H.)

Students must complete one lab science and at least one math or computer science course in this category. NOTE: MAT 100 does not satisfy this requirement.

Lab Science:	4	
MAT 115 Introduction to Biostatistics or MAT 120 Elementary Statistics	3	
Math/Science/Computer Science Elective:		
HEALTH PROMOTION AND EXERCISE SCIENCES (2 S.H.)		
HPX 177 Fitness for Life — Lecture	1	

^{*}Nursing Majors must maintain a 2.5 GPA and earn a C or better in all major courses

Major Requirements (70 S.H.)

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MAJOR REQUIREMENTS		
BIO 105 Anatomy and Physiology I	4	
BIO 106 Anatomy and Physiology II	4	
BIO 215 Microbiology	4	
HPX 205 Nutrition and Health	2	
NUR 220 Transition to Professional Nursing Practice	3	
NUR 221 Physical Assessment Across the Life Span	3	
NUR 329 Principles of Community Health Nursing	3	
Transfer NSG Courses Equivalent Under CT CC Articulation Agreement of Challenge Exam (28 S.h.)		
NUR 205 Fundamentals of Nursing	4	
NUR 225 Scientific Principles Underlying Nursing Practice	2	
NUR 235 Clinical Nursing Practice I	5	
NUR 255 Clinical Nursing Practicum II	6	
NUR 300 Mental Health Nursing	4	
NUR 325 Nursing Care of Childbearing and Childrearing Family	7	
NUR 301 Nursing Leadership in Health Care Organizations	3	
NUR 330 Nursing in the Community	4	
NUR 332 Pharmacology, Pathophysiology and Nursing Practice	3	
NUR 336 The Human Health Experience and Nursing Practice	3	
NUR 361 Research Process in Nursing	2	
NUR 376 Professional Nursing Role Development	4	
FREE ELECTIVES (8 S.H.)		
Elective:		
Elective:		
Elective:		

Free electives offer an opportunity to complete a minor, study a second language, study abroad, or participate in an internship. Make a plan.

NOTES	

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Four-Year Plan: This is a sample sequence of courses. Other combinations are possible.



Prerequisites are in parentheses; see catalog for details.

Class standing by credit: Freshman: 0-29 credits; Sophomore: 30-59 credits; Junior: 60-89 credits; Senior: 90+ credits

	SEMESTER 1 (17 S.H.)			SEMESTER 2 (16 S.H.)		
Ŧ	Writing Intensive or WRT 101, if needed	3		Writing Intensive or Free Elective	3	
(33 S.1	BIO 105 Anatomy & Physiology I (appropriate placement in MAT and WRT)	4		BIO 106 Anatomy & Physiology II (Bio 105 with a grade ≥ C)	3	
YEAR	Gen Ed: Communication Skills	3		Gen Ed: PSY 100 Introduction to Psychology	4	
1 X	Gen Ed: Humanities	3		Gen Ed: Humanities	3	
FIRST	MAT 115 Introduction to Biostatistics (MAT 100 or appropriate exam score) or MAT 120 Elementary Statistics (MAT 100 or appropriate exam score)	3		Gen Ed Math/CS	3	

	SEMESTER 3 (15 S.H.)			SEMESTER 4 (16 S.H.)		
(31 S.H.)	BIO 215 Microbiology (CHE 121 and BIO 106)	4		NUR 220 Transition to Professional Nursing Practice (BIO 105, 106 215 and MAT 100 or appropriate exam score)	3	
YEAR (HPX 205 Nutrition and Health	2		NUR 221 Physical Assessment Across the Life Span	3	
	Gen Ed: Humanities	3		Gen Ed: Humanities	3	
SECOND	Gen Ed: SOC 100 Introduction to Sociology	3		Gen Ed Social & Behavioral Sciences	3	
	Free Elective	3		Gen Ed: Lab Science	4	

	SEMESTER 5 (14 S.H.)			SEMESTER 6 (15 S.H.)		
2 S.H.)	NUR 329 Principles of Community Health Nursing (BIO 105, 106, 215 and MAT 100 or appropriate exam score)	3		NUR 332 Pharmacology, Pathophysiology and Nursing Practice (MAT 100 or appropriate exam score)	3	
YEAR (32	NUR 301 Nursing Leadership in Health Care Organizations (BIO 105, 106 and 215, MAT 100 or appropriate exam score and a WI course)	3		NUR 336 The Human Health Experience and Nursing Practice (BIO 105, 106 and 215 and MAT 100 or appropriate exam score)	3	
THIRD	Gen Ed Humanities	3		Free Elective	3	
丰	Gen Ed: Social & Behavioral Sciences	3		Free Elective	3	
	HPX177 (Lecture and Activity)	2		Free Elective	3	

FOURTH YEAR (11 S.H.)	Ė	SEMESTER 7 (7 S.H.)			SEMESTER 8 (4 S.H.)		
		NUR 330 Nursing in the Community (BIO 105, 106 and 215, MAT 100 or appropriate exam score, NUR 221, 230, 332 and 336)	4		NUR 376 Professional Nursing Role Development Pre-requisite: Current CT RN license, NUR 220. 221, 230, 301,330, 332, 361, WI course	4	
		NUR 361 Research Process in Nursing (MAT 115 or 120)	3				
	2						

This four year plan assumes transfer credits are granted for the 28 semester hours as outlines in the CT CC Articulation Agreement or the Challenge Exam.