

Western Connecticut State University Degree Works

Student		College		Hold	
ID		School		Athletics	
Classification		Degree	BS Health Promotion Studies Fitness and Wellness	Housing Status	
Advisor		Major		Full-Time/Part-Time	
Overall GPA		Concentration		Catalog Term	FALL 2019
		Minor		FERPA Indicator	

Legend

<input checked="" type="checkbox"/> Complete	<input type="checkbox"/> Complete except for classes in-progress	<input type="checkbox"/> (TR) Transfer Class
<input type="checkbox"/> Not Complete	<input type="checkbox"/> See Advisor - Nearly Complete	@ Any course number
IP In-Progress Course		

BS in Health Promotion Studies/Fitness and Wellness

Unmet conditions for this set of requirements: 120 credits are required.

- Minimum credits at WCSU A minimum of 30 credits must be taken at WCSU.
- A minimum cumulative GPA of 2.5 is required When your first term is graded, your cumulative GPA will be calculated. If your cumulative GPA falls below 2.5 it is important to see an advisor to make plans for raising your GPA.
- General Education Competency Requirements See **General Education Competency Requirements** section
- General Education Course Requirements See **General Education Course Requirements - HPX** section
- Major Requirements See **Major in Health Promotion Studies** section
- General Electives See **General Electives - 16 Credits** section

General Education Competency Requirements

Unmet conditions for this set of requirements: Students must complete each of the competencies listed below. In addition, students must complete 3 of the competencies a second time excluding First Year (FY) and WRT 101 (WI).

- General Education Competencies**
- Creative Process (CP) 1 to 2 Classes
- Critical Thinking (CT) 1 to 2 Classes
- Oral Communication (OC) 1 to 2 Classes
- Health and Wellness (HW) 1 to 2 Classes
- Scientific Inquiry (SI) 1 to 2 Classes
- Intercultural Competence (IC) 1 to 2 Classes
- Information Literacy (IL) 1 to 2 Classes

<input type="checkbox"/>	First Year Experience (FY)	1 Class
<input type="checkbox"/>	Culminating Experience (CE)	1 to 2 Classes
<input type="checkbox"/>	Writing Course (WRT 101)	WRT 101
<input type="checkbox"/>	Writing Intensive II (W2)	1 to 2 Classes
<input type="checkbox"/>	Writing Intensive III (W3)	1 to 2 Classes
<input type="checkbox"/>	Quantitative Reasoning (QR)	1 to 2 Classes

General Education Course Requirements - HPX

Unmet conditions for this set of requirements: 40 credits are required.

<input type="checkbox"/>	Writing Course	3 Credits in WRT 101FY
<input type="checkbox"/>	Cognate Courses (18 S.H.)	
<input type="checkbox"/>	Ethical Issues in Healthcare	PHI 223
<input type="checkbox"/>	Introduction to Sociology	SOC 100
<input type="checkbox"/>	Introduction to Biostatistics or Elementary Statistics	MAT 115 or 120
<input type="checkbox"/>	Cultural Diversity	SW 220
<input type="checkbox"/>	Introduction to Psychology	PSY 100
<input type="checkbox"/>	Psychology Elective	Any PSY class
<input type="checkbox"/>	19 General Education credits outside major	

Major in Health Promotion Studies

Unmet conditions for this set of requirements: 64 credits are required.

Minimum credits at WCSU A minimum of 32 credits must be taken at WCSU.

HEALTH PROMOTION STUDIES MAJOR CORE -

<input type="checkbox"/>	Anatomy & Physiology I - C or better	BIO 105
<input type="checkbox"/>	Anatomy & Physiology II - C or better	BIO 106
<input type="checkbox"/>	General Chemistry or Everyday Chemistry - C or better	CHE 102 or 110
<input type="checkbox"/>	Health Psychology - C or better	PSY 260
<input type="checkbox"/>	Introduction to Health Promotion & Practice - C+ or better	HPX 103
<input type="checkbox"/>	Introduction to Community Health & Organizations - C+ or better	HPX 200
<input type="checkbox"/>	Epidemiology of Disease - C or better	HPX 202
<input type="checkbox"/>	Health Education Theory and Application - C+ or better	HPX 270
<input type="checkbox"/>	Health Promotion Program Planning & Intro to Evaluation - C+ or better	HPX 370

<input type="checkbox"/>	Health Communication Methods and Strategies - C+ or better	HPX 371
<input type="checkbox"/>	Health Promotion Prog. Implementation & Evaluation Methods - C+ or better	HPX 470
<input type="checkbox"/>	Practicum for Health Promotion Studies - C or better	HPX 490
<input type="checkbox"/>	Health Promotion Studies Senior Seminar - C or better	HPX 491
<input type="checkbox"/>	FITNESS AND WELLNESS OPTION - minimum grade of C in each course	
<input type="checkbox"/>	Introduction to Human Nutrition	HPX 203
<input type="checkbox"/>	Fitness Seminar and Lab	HPX 254
<input type="checkbox"/>	Group Activity Instruction or Principles of Personal Training	HPX 255 or 313
<input type="checkbox"/>	Principles of Wellness	HPX 281
<input type="checkbox"/>	HPX elective (choose from HPX 255, 313, 314, or 318)	HPX elective

General Electives - 16 Credits

<input type="checkbox"/>	16 General Elective Credits
--------------------------	-----------------------------

Notes