BS: Health Education Certification (PreK-12) (120 S.H. required to e degree)

Adviser:

Name:

complete	the

General Education Requirements (42 S.H.)								
COMMUNICATION SKILLS (3 S.H.) Students must take the course listed as a requirement in this area.								
COM 161 Decision Making in Groups 3								
WRITING INTENSIVE (W) * All students must complete at least one writing intensive cour- be found in several disciplines. The credits will be counted in sociated with the course. NOTE: WRT 101 does not satisfy requirement.	n the dis	scipline as-						
Writing Intensive	Y/N							
HUMANITIES (15 S.H.) Humanities courses can be found in seven areas including: Communications, Fine and Applied Arts NOTE: Students may only use one studio course to satisfy this requirement), Foreign Languages, Humanistic Studies, Literature, Philosophy, and History. You must complete courses in at least three areas. NOTE: You must complete the foreign language requirement (Elementary II or higher) before counting Elementary I foreign language courses as Humanities credit.								
Fine/Applied Arts	3							
HIS 148 American History: To 1877 or HIS 149 American History: Since 1877*	3							
Elective:	3							
Elective:	3							
Elective:	3							
SOCIAL AND BEHAVIORAL SCIENCES (12 S.H.) Courses that satisfy this requirement can be found in Social S (Anthropology, Economics, Political Science, Social Science: Sociology), Non-Western Cultures and Psychology.		S						
PSY 100 Introduction to Psychology *	3							
SOC 100 Introduction to Sociology *	3							
ED 211 Educational Psychology: Children & Adolescents I	3							
ED 212 Educational Psychology: Children & Adolescents II	3							
NATURAL SCIENCES, MATHEMATICS AND COMPUTER SCIENCE (10 S.H.) Students must complete one lab Science and at least one math or computer Sci- ence course in this category. NOTE: MAT 100 does not satisfy this requirement.								
CHE 102:	4							
Math/CS:	3							
Math/CS/Science Elective:	3							
HEALTH PROMOTION AND EXERCISE SCIENCES (2 S.H.)								
HPX 177 Fitness for Life — Lecture	1							
HPX 177 Fitness for Life – Activity	1							

*Minimum "C" grade required for these courses. Education students must maintain an overall GPA of 3.0 or better.

NOTES

Major Requirements (66 S.H.) Minimum "B" grade or better, unless otherwise stated.

MAJOR REQUIREMENTS (36 S.H.) MINIMUM 3.0 G.P.A.		
BIO 105 Anatomy & Physiology I*	4	
BIO 106 Anatomy & Physiology II*	4	
HPX 100 Health Maintenance & Promotion	3	
HPX 160 First Aid & Safety	2	
HPX 205 Nutrition and Health	2	
HPX 215 Health Issues in the School	3	
HPX 230 Drug Studies	3	
HPX 253 Concepts of Disease	3	
HPX 271 Health Education Programs in the Community	3	
HPX 352 Mental Health	3	
HPX 355 Human Sexuality	3	
HPX 371 Health Communication Methods and Strategies	3	
EDUCATION CERTIFICATION REQUIREMENTS (30 S.H.)		
ED 314 Multicultural Diversity	3	
ED 206 Introduction to Education	3	
ED 340 Assessment of Teaching Strategies	1	
ED 440 Integrating Language	3	
HPX 311 School Health Programs	3	
HPX 386 Health Education Professional Development School Experience	1	
EPY 405 Introduction to Special Education	3	
HPX 460 Health Education Student Teaching Seminar	1	
HPX 464 Student Teaching	12	
FREE ELECTIVES (12 S.H.)		
Elective:		
EXAMS FOR STATE CERTIFICATION		
Praxis I (or waiver) Required for admittance to program		
Praxis II		
LICENSE		
TK 20		

Four-Year Plan This is a sample sequence of courses. Other combinations are possible.



Prerequisites are in parentheses; see catalog for details.

Class standing by credit: Freshman: 0-29 credits; Sophomore: 30-59 credits; Junior: 60-89 credits; Senior: 90+ credits

	SEMESTER 1 (16 S.H.)			SEMESTER 2 (16 S.H.)		
S.H.)	Writing Intensive English Placement	3		Gen Ed: SOC 100 Introduction to Sociology	3	
(32.	Gen Ed: HIS 148 or HIS149	3		Gen Ed: PSY 100 Introduction to Psychology	3	
YEAR	BIO 105 Anatomy and Physiology.	4		BIO 106 (BIO 105 with a minimum grade of "C" or better)	4	
IRST	Gen Ed: COM 161 Decision Making in Groups	3		Gen Ed: Math/Science/CS Elective	3	
Ē	HPX 100 Health Maintenance & Promotion	3		Gen Ed: Humanities	3	

	SEMESTER 3 (16 S.H.)			SEMESTER 4 (16 S.H.)		
	Gen Ed: CHE 102 Everyday Chemistry	4		Gen Ed: Fine Art	3	
2 S.H.)	ED 206 Introduction to Education	3		HPX 205 Nutrition and Health (Co-requisite of HPX 207 is NOT required)	2	
YEAR (32	ED 211 Educational Psychology: Children & Adolescents I	3		ED 212 Educational Psychology: Children & Adolescents II	3	
	HPX 230 Drug Studies (HPX major or permission of the Department Chair)	3		HPX 215 Health Issues in the Schools	3	
SECOND	HPX 253 Concept of Diseases	3		HPX 271 Health Education: Programs in the Community (Health Education major or permission of the Department Chair)	3	
				HPX 177 (lecture and activity)	2	

	SEMESTER 5 (14 S.H.)			SEMESTER 6 (15 S.H.)		
THIRD YEAR (32 S.H.)	Gen Ed: Humanities	3		Gen Ed: Social and Behavioral Sciences	3	
	ED 314 Multicultural Diversity	3		Gen Ed: Math/Science/Computer Science Elective	3	
	HPX 371 Health Communication Methods and Strategies (HPX 270 is NOT required as a prereq- uisite. Co-requisite HPX 370 is NOT required)	3		HPX 352 Mental Health	3	
	HPX 355 Human Sexuality (Junior standing in HPX major or permission of the Department Chair)	3		Free Elective	3	
	HPX 160 First Aid and Safety (HPX major or permission of Department Chair)	2		Free Elective	3	

	SEMESTER 7 (13 S.H.)		SEMESTER 8 (14 S.H.)	SEMESTER 8 (14 S.H.)		
S.H.)	ED 440 Integrating Language	3	ED 340 Assessment of Teaching Strategies	1		
(29	EPY 405 Introduction to Special Education (EPY 204)	3	HPX 464 Student Teaching (Co-requisite: must be taken with HPX 460)	12		
H YEAR	HPX 311 School Health Programs (acceptance as sophomore Health major)	3	HPX 460 Health Education Student Teaching Sem inar. Co-requisite: must be taken with HPX 464)	. 1		
URTH	Free Elective	3				
<u>ନ</u>	HPX 386 Health Education Professional Development School Experience	1				
	Free Elective	2				

The Education Department requirements are outlined on the department website. Please note requirements for admission to the program, exams, certifications, professional education fees and student teaching policies.