N.I.	A 1 :
Name:	_ Adviser:

General Education Requirements (36-42 S.H.) **COMMUNICATION SKILLS (3 S.H.)** Choose one of the following: COM 160 Public Speaking, COM 161 Decision Making in Groups, COM 162 Interpersonal Communication or COM 163 Introduction to Communication Skills COM: WRITING INTENSIVE (W) All students must complete at least one writing intensive course. W courses can be found in several disciplines. The credits will be counted in the discipline associated with the course. NOTE: WRT 101 does not satisfy the writing intensive requirement. Course: **FOREIGN LANGUAGE** All social Science majors must complete a foreign language requirement. This may be done by completing a language at an elementary II level or above. Students who have completed three years of language in high school with at least a C average have satisfied this requirement. (For more info, click the link above.) Foreign Language Requirement Met? Y/N**HUMANITIES (15 S.H.)** Humanities general education courses can be found in Art, Communication, English, Foreign Languages, Humanistic Studies, Media Arts, Music, Philosophy, Theatre and Writing. Students may only use one studio course to satisfy this requirement. You must complete courses in at least 3 areas. NOTE: You must complete the foreign language requirement (Elementary II or higher) before counting a foreign language course as humanities credit. HIS 186 Europe: Pagan & Medieval 3 3 HIS 187 Modern Europe 3 Elective: Elective: 3 Elective: 3 **SOCIAL AND BEHAVIORAL SCIENCES (6 S.H.)** Courses that satisfy this requirement must be from Non-Western Cultures and Psychology* 3 PSY 100 Introduction to Psychology 3 NWC Course Elective: NATURAL SCIENCES, MATHEMATICS AND COMPUTER SCIENCE (10 S.H.) Students must complete one lab Science and at least one math or computer Science course in this category. NOTE: MAT 100 does not satisfy this requirement. Lab Science: Math: 3 3-4 Math/CS/Science Elective: **HEALTH PROMOTION AND EXERCISE SCIENCES (2 S.H.)**

*While all other students must complete 12 credits in this category, credit for two of your major courses will satisfy this requirement. This reduces your general education credits to from the standard 42 S.H. to 36 S.H. The credits do not count twice. Be sure you have 120 credits total by the end of four years.

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HPX 177 Fitness for Life - Lecture

HPX 177 Fitness for Life — Activity

Major Requirements (45 S.H.)		
HIS 148 American History to 1877**	3	
HIS 149 American History since 1877**	3	
Non-Western Cultures	3	
SOC 101 Social Problems**	3	
SS 201 Researching Social Issues**	3	
SS 300 Quantitative Research Methods in the Social Sciences**	3	
SS 400 Senior Research Thesis** (You must sign up for SS 400 with dept. chair the semester prior to registration.)	3	
SELECT 3 from ANT100; ECO 211; GEO100; PS100 OR P	S102	, SOC100**
ANT/ECO/GEO/PS/SOC Elective:	3	
ANT/ECO/GEO/PS/SOC Elective:	3	
ANT/ECO/GEO/PS/SOC Elective:	3	
FIVE COURSES (15 S.H.) from ANT, ECO, GEO, PS, SOC, 400 level (may include one 100 level) ** or one of four opt next page.		
SS Elective:	3	
FREE ELECTIVES (39-40 S.H.)		
Elective:		
Elective:		

Free electives offer an opportunity to complete a minor, study a second language, study abroad, or participate in an internship. Make a plan.

NOTES			

^{**}Minimum of a C grade required.

BA: Social Sciences (120 S.H. required to complete the degree)

SEMESTER 1 (15 S.H.)

Four-Year Plan This is a sample sequence of courses. Other combinations are possible.



Prerequisites are in parentheses; see catalog for details. Class standing by credit: Freshman: 0-29 credits; Sophomore: 30-59 credits; Junior: 60-89 credits; Senior: 90+ credits

SEMESTER 2 (15 S.H.)

	SEMESTER I (IS S.H.)		SEMESTER 2 (13 S.H.)		
S.H.)	MAT 100 Intermediate Mathematics or Gen Ed: Math (above MAT 100)	3	Gen Ed: Math (above MAT 100) or Gen Ed: Computer Science	3	
FIRST YEAR (30 S.H.)	WRT 101 Composition I: Habit of Writing or Writing Intensive	3	Writing Intensive or Gen Ed: Humanities	3	
ΥE	ANT/ECO/GEO/PS/SOC100 or PS102		HIS 149 American History Since 1877	3	
FIRST	ANT/ECO/GEO/PS/SOC100 or PS102		Gen Ed: Communication Skills	3	
	HIS 148 American History to 1877	3	Gen Ed: Humanities	3	
<u> </u>	SEMESTER 3 (15 S.H.)		SEMESTER 4 (15 S.H.)		
S.H	HIS 186 Europe: Pagan & Medieval	3	HIS 187: Modern Europe	3	
30	Major – Non-Western Cultures Requirement	3	ANT/ECO/GEO/PS/SOC100 or PS102	3	
YEA	Gen Ed: Lab Science	4	Major Elective	3	
SECOND YEAR (30 S.H.)	Gen Ed: Humanities (Foreign Language if required)	3	Gen Ed: Humanities (Foreign Language if required)	3	
SEC	HPX 177 Fitness for Life (Lecture & Activity)	2	Gen Ed: PSY 100 Introduction to Psychology	3	
	SEMESTER 5 (15 S.H.)		SEMESTER 6 (15 S.H.)		
THIRD YEAR (30 S.H.)	SS 201 Researching Soc. Issues.(1 intro ANT/ SOC/PS/ECO, C or better, WRT 101 or appropri- ate placement)	3	SS 300 Social Science Research (SS201 at C or better, Jr. or Sr. Social Science Major)	3	
(30	Major Elective	3	Gen Ed: Non-Western Cultures Elective	4	
ĒĀR	Major Elective	3	Major Elective	3	
RD Y	Gen Ed: Humanities	3	Free Elective	3	
포	0 51 14 14 1 14 14 14 14 14 14 14 14 14 14	0	Free Elevitor	3	
	Gen Ed: Math (above MAT 100) or Gen Ed: Computer Science	3	Free Elective	0	
		3	Sign up for SS 400 with department chair		
		3			
S.H.)	Computer Science	3	Sign up for SS 400 with department chair	3	
S.H.)	Computer Science SEMESTER 7 (15 S.H.)		Sign up for SS 400 with department chair SEMESTER 8 (15 S.H.)		
S.H.)	SEMESTER 7 (15 S.H.) Major Elective SS 400 Senior Research Thesis (SS 300 at C or	3	Sign up for SS 400 with department chair SEMESTER 8 (15 S.H.) Free Elective	3	
	SEMESTER 7 (15 S.H.) Major Elective SS 400 Senior Research Thesis (SS 300 at C or better, Writing Intensive)	3 3	Sign up for SS 400 with department chair SEMESTER 8 (15 S.H.) Free Elective Free Elective	3 3	

The fifteen hours forming each option is in place of the fifteen hours of electives within the social Sciences major. The options suggest themes for study and give transcript recognition for such study.

Option 1: Anthropology/Sociology Studies: (15 S.H.) Any ANT or SOC 200-400 level course (ANT110 Intro to Physical Anthropology is allowable)
Option 2: Multicultural Studies: (15 S.H.) 1 from each of the following categories:

- 1. SOC200 Concepts of Race & Ethnic Relations
- 2. ANT/COM208 Intercultural Communication or ANT/SOC322 Comparative Minority Relations or ANT/SOC340 Culture change & Planning
- 3. ANT/SOC350 Modern & Post Modern Societies or PS/SOC310 Political Sociology or SOC202 Class, Status & Power

Option 3: Global Studies Option: (15 S.H.) from three categories:

- 1. ANT22 Peasant Societies or ANT/SOC Modern & Postmodern Societies or SS101 Intro to Third World Development
- 2. ECO201 Comparative Economic Systems or ECO204 Economic Dev. & Growth
- 3. PS200 International Relations or PS305 Comparative Government & Politics or PS306 Comparative Communist & Post-Communist Systems Additional two courses from above or selected with prior department approval

Option 4: Family Studies Option: 15 S.H. as specified: ANT/SOC 221 Human Family Systems; SOC225 Alternatives to Traditional American; Families; ANT/SOC305 Contemporary Family Problems; Choose two (2) of the following: ANT/SOC204 Culture and Personality or SS301 Guided Readings in Family Studies or SW/SOC260 Aging: Impact, Needs & Services or SOC205 Juvenile Delinquency