

BS: Health Education Certification (PreK-12) (125 S.H. required to complete the degree)



Name: _____ Adviser: _____

General Education Requirements (42 S.H.)

COMMUNICATION SKILLS (3 S.H.) Students must take the course listed as a requirement in this area.		
COM 161 Decision Making in Groups	3	
WRITING INTENSIVE (W) * All students must complete at least one writing intensive course. W courses can be found in several disciplines. The credits will be counted in the discipline associated with the course. <i>NOTE: WRT 101 does not satisfy the writing intensive requirement.</i>		
Writing Intensive	Y/N	
HUMANITIES (15 S.H.) Humanities courses can be found in seven areas including: Communications, Fine and Applied Arts <i>NOTE: Students may only use one studio course to satisfy this requirement</i> , Foreign Languages, Humanistic Studies, Literature, Philosophy, and History. You must complete courses in at least three areas. <i>NOTE: You must complete the foreign language requirement (Elementary II or higher) before counting Elementary I foreign language courses as Humanities credit.</i>		
Fine/Applied Arts	3	
HIS 148 American History: To 1877 or HIS 149 American History: Since 1877*	3	
Elective:	3	
Elective:	3	
Elective:	3	
SOCIAL AND BEHAVIORAL SCIENCES (12 S.H.) Courses that satisfy this requirement can be found in Social Sciences (Anthropology, Economics, Political Science, Social Sciences, and Sociology), Non-Western Cultures and Psychology.		
PSY 100 Introduction to Psychology *	3	
SOC 100 Introduction to Sociology *	3	
Elective:	3	
Elective:	3	
NATURAL SCIENCES, MATHEMATICS AND COMPUTER SCIENCE (10 S.H.) Students must complete one lab Science and at least one math or computer Science course in this category. <i>NOTE: MAT 100 does not satisfy this requirement.</i>		
CHE 102:	4	
Math/CS:	3	
Math/CS/Science Elective:	3	
HEALTH PROMOTION AND EXERCISE SCIENCES (2 S.H.)		
HPX 177 Fitness for Life — Lecture	1	
HPX 177 Fitness for Life — Activity	1	

*Minimum "C" grade required for these courses.

NOTES

Major Requirements (66 S.H.) Minimum "B" grade or better, unless otherwise stated.

MAJOR REQUIREMENTS (36 S.H.) MINIMUM 3.0 G.P.A.		
BIO 105 Anatomy & Physiology I*	4	
BIO 106 Anatomy & Physiology II*	4	
HPX 100 Health Maintenance & Promotion	3	
HPX 160 First Aid & Safety	2	
HPX 205 Nutrition and Health	2	
HPX 215 Health Issues in the School	3	
HPX 230 Drug Studies	3	
HPX 253 Concepts of Disease	3	
HPX 271 Health Education Programs in the Community	3	
HPX 352 Mental Health	3	
HPX 355 Human Sexuality	3	
HPX 371 Health Communication Methods and Strategies	3	
EDUCATION CERTIFICATION REQUIREMENTS (30 S.H.)		
EPY 204 Adolescent Development in School Settings <i>(Prereq. PSY 100)</i>	3	
ED 206 Introduction to Education	3	
ED 340 Assessment of Teaching Strategies	1	
ED 440 Integrating Language	3	
HPX 311 School Health Programs	3	
HPX 386 Health Education Professional Development School Experience	1	
EPY 405 Introduction to Special Education	3	
HPX 460 Health Education Student Teaching Seminar	1	
HPX 464 Student Teaching	12	
FREE ELECTIVES (17 S.H.)		
Elective:		
Elective:		
Elective:		
Elective:		
Elective:		
Elective:		
Elective:		
EXAMS FOR STATE CERTIFICATION		
Praxis I (or waiver) Required for admittance to program		
Praxis II		
LICENSE		
TK 20		

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Four-Year Plan

This is a sample sequence of courses. Other combinations are possible.



Prerequisites are in parentheses; see catalog for details.

Class standing by credit: Freshman: 0-29 credits; Sophomore: 30-59 credits; Junior: 60-89 credits; Senior: 90+ credits

FIRST YEAR (32 S.H.)	SEMESTER 1 (16 S.H.)			SEMESTER 2 (16 S.H.)		
	Writing Intensive English Placement	3		Gen Ed: SOC 100 Introduction to Sociology	3	
	Gen Ed: HIS 148 or HIS149	3		Gen Ed: PSY 100 Introduction to Psychology	3	
	BIO 105 Anatomy and Physiology.	4		BIO 106 (BIO 105 with a minimum grade of "C" or better)	4	
	Gen Ed: COM 161 Decision Making in Groups	3		Gen Ed: Math/Science/CS Elective	3	
	HPX 100 Health Maintenance & Promotion	3		Gen Ed: Humanities	3	

SECOND YEAR (32 S.H.)	SEMESTER 3 (16 S.H.)			SEMESTER 4 (16 S.H.)		
	Gen Ed: CHE 102 Everyday Chemistry	4		Gen Ed: Fine Art	3	
	ED 206 Introduction to Education	3		HPX 205 Nutrition and Health (Co-requisite of HPX 207 is NOT required)	2	
	EPY 204 Adolescent Development in School Setting	3		Gen Ed: Humanities	3	
	HPX 230 Drug Studies (HPX major or permission of the Department Chair)	3		HPX 215 Health Issues in the Schools	3	
	HPX 253 Concept of Diseases	3		HPX 271 Health Education: Programs in the Community (Health Education major or permission of the Department Chair)	3	
			HPX 177 (lecture and activity)	2		

THIRD YEAR (32 S.H.)	SEMESTER 5 (17 S.H.)			SEMESTER 6 (15 S.H.)		
	Gen Ed: Humanities	3		Gen Ed: Social and Behavioral Sciences	3	
	Gen Ed: Social and Behavioral Sciences	3		Gen Ed: Math/Science/Computer Science Elective	3	
	HPX 371 Health Communication Methods and Strategies (HPX 270 is NOT required as a prerequisite. Co-requisite HPX 370 is NOT required)	3		Free Elective	3	
	HPX 355 Human Sexuality (Junior standing in HPX major or permission of the Department Chair)	3		Free Elective	3	
	Free Elective	3		Free Elective	3	
	HPX 160 First Aid and Safety (HPX major or permission of Department Chair)	2				
Complete a degree audit and plan for application for graduation						

FOURTH YEAR (29 S.H.)	SEMESTER 7 (15 S.H.)			SEMESTER 8 (14 S.H.)		
	ED 440 Integrating Language	3		ED 340 Assessment of Teaching Strategies	1	
	EPY 405 Introduction to Special Education (EPY 204)	3		HPX 464 Student Teaching (Co-requisite: must be taken with HPX 460)	12	
	HPX 311 School Health Programs (acceptance as sophomore Health major)	3		HPX 460 Health Education Student Teaching Seminar. Co-requisite: must be taken with HPX 464)	1	
	Free Elective	3				
	HPX 386 Health Education Professional Development School Experience	1				
Free Elective	2					

The Education Department requirements are outlined on the department website. Please note requirements for admission to the program, exams, certifications, professional education fees and student teaching policies.